## Wednesday $17^{\text {th }}$ June

 Daily activitiesActive June!

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | day |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I <br> Do some sit ups: <br> Bronze: 10 sit ups <br> Silver: 20 sit ups <br> Gold: 40 sit ups | 2 <br> Do some star jumps: <br> Bronze: 20 times <br> Silver: 30 times <br> Gold: 50 times | $\begin{array}{\|l\|} \hline 3 \\ \text { Practise balancing } \\ \text { on right leg: } \\ \text { Bronze: I minute } \\ \text { Silver: } 2 \text { minutes } \\ \text { Gold: } 3 \text { minutes } \\ \hline \end{array}$ | 4 <br> Practise balancing on left leg: <br> Bronze: I minute Silver: 2 minutes <br> Gold: 3 minutes | 5 <br> Have a jog around: <br> Bronze: 5 minutes <br> Silver: 10 minutes <br> Gold: 15 minutes | 6 <br> Create your own throwing and catching game! | 7 <br> Teach the people at home your game and see who scores the most points! |
| 8 <br> Do some burpees: <br> Bronze: I0 burpees <br> Silver: 15 burpees <br> Gold: 20+ burpees | 9 <br> Try and do some mountain climbers: Bronze: 10 times Silver: 20 times Gold: 30+ times | 10 <br> Carefully try and do a plank: <br> Bronze: 30 seconds <br> Silver: 45 seconds | II <br> See how many tuck jumps you can do in a row: <br> Bronze: 10 jumps <br> Silver: 20 jumps <br> Gold: 30 jumps | Push ups! <br> Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups | Use a pack of cards and create a game involving different exercises and the different suits! | 14 <br> Compete against someone at home to see who can complete more exercises in a given time. |
| 15 <br> Try and do some crunches: <br> Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches | 16 <br> Do some lunges or both legs: <br> Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg | Do a wall sit remember, stay still: Bronze: 20 seconds Silver: 30 seconds | 18 <br> Squat - count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: $20+$ squats | 19 <br> High knees - Keep <br> going without <br> stopping <br> Bronze: 30 seconds <br> Silver: 50 seconds <br> Gold: I+ minute | 15 <br> Challenge yourself to learning some new yoga posts watch a Youtube video to help. | 16 <br> Practise those yoga skills your learned and see if you can balance for longer than you did yesterday. |
| 22 <br> Try doing some scissor kicks: <br> Bronze: 30 seconds <br> Silver: 45 seconds <br> Gold: 60+ seconds | 23 <br> Do some shuttle runs: <br> Bronze: 15 runs Silver: 30 runs Gold: 50 runs | Hop on the spot: <br> Bronze: 10 each leg <br> Silver: 25 each leg <br> Gold: 50 each leg | 25 <br> Hopscotch until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes | 26 <br> Try safely to do some jump squats in a minute: <br> Bronze: 10 squats <br> Silver: 15 squats <br> Gold: $20+$ squats | 27 <br> Go outside and be active with someone from your house. Go for a run or a walk! | 28 <br> Use your outdoor time to jump over things, balance along things and move in different ways. |
| 29 <br> Try hurdling over something (or just jumping!): <br> Bronze: I minute Silver: 3 minutes Gold: 5 minutes | 30 <br> Step jumps - find a step and jump up and down on it safely: <br> Bronze: 10 times <br> Silver: 20 times <br> Gold 40+ times | Leł's get active in June! <br> Try each of these activities with the people you're with! <br> Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements! Remember it is important to stay active and healthy! |  |  |  |  |

## Daily Physical Exercise

https://www.youtube.com /user/thebodycoach1 (Access via YouTube at 9 am-if doing it live-type in: The body coach).


## Reading at home

You should still be aiming to read for at least 20 minutes everyday.
If you're running out of reading material at home, there are lots of books that you can read or listen to online for free! Two websites we would recommend to do this are: https://readon.myon.co.uk/ and https://stories.audible.com/start-listen

Remember, you can now take Accelerated Reader quizzes from home by using this link Howley Grange Renaissance at home and logging on as usual using your username and password.

To check that the book you are reading has a quiz, you can check it using on Accelerated Reader Bookfinder. It's okay to read books which haven't got a quiz - just keep a record of what you have read.

Keep reading and exploring new worlds and adventures!

English

## Daily Spelling Practice

## Year 3 and 4 Statutory Spellings

| accident | caught | eighth | heard | minute | possible | strange |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| accidentally | centre | enough | heart | natural | potatoes | strength |
| actual | century | exercise | height | naughty | pressure | suppose |
| actually | certain | experience | history | notice | probably | surprise |
| address | circle | experiment | imagine | occasion | promise | therefore |
| answer | complete | extreme | increase | occasionally | purpose | though |
| appear | consider | famous | important | often | quarter | although |
| arrive | continue | favourite | interest | opposite | question | thought |
| believe | decide | February | island | ordinary | recent | through |
| bicycle | describe | forward | knowledge | particular | regular | various |
| breath | different | forwards | learn | peculiar | reign | weight |
| breathe | difficult | fruit | length | perhaps | remember | woman |
| build | disappear | grammar | library | popular | sentence | women |
| busy | early | group | material | position | separate |  |
| business | earth | guard | medicine | possess | special |  |
| calendar | eight | guide | mention | possession | straight |  |
|  |  |  |  |  |  |  |

Spelling practice this week follows a similar format to that of last week. The focus is still on words from the year 3 and 4 spelling list as we want you to know how to spell them.

On the following slide, you will find a cross word to complete. All of the words which you will need to complete the crossword are taken from the Year 3 and 4 spelling list (pictured left)-use the clues to work out which words need to be inserted. Be sure to look to see whether it needs to be written across (horizontally) or down (vertically).

Answers (as you know by now) are at the end of the presentation so that you can self mark (no cheating though!) and the idea, this week, is-once you've marked your answers, any spellings which you got wrong become the spellings for you to practise that day

If you make lots of errors or are finding it too hard, $g o$ back through your spelling book and 7 K practise a few of those you've previously got wrong in a test instead. Alternatively, on slides 9 and 10 there are lots of different ways to practise 2 words from the year 3 and 4 list (so you'll know them inside out!)

Please don't stress yourselves out unnecessarily!
There will be a slide each day to remind you of various ways to practise the words you're focusing on but the ideas are not exhaustive meaning that you can practise in other ways if you have other ideas.


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## Across

4. Actively engaged in work or a pastime.
5. To form or create.
6. The amount a thing weighs.
7. Attention or concern particularly engaged by something.
8. The middle.
9. However.

## Down

1. Having all parts, whole.
2. To own.
3. The third planet from the sun
4. In at one end and out of the other.

## Daily spelling practice-words you got wrong in the previous task.

You may choose to do one or each of the following to practise your focus words (these could be common exception words or words you often spell incorrectly if not from the previous crossword task).

1. Practise spelling them by using the strategy: Look, say, cover, write and check.
2. Jot down and make 2 copies of your focus words and ask someone in your house to play 'Snap!' Before you're able to win the pair of cards, you should close your eyes and have a go at spelling the word.
3. Use the focus words you've made. Turn them all over face-down and play matching pairs. Turn over 1 card at a time and attempt to find the one that matches!
4. Make a mnemonic to help you remember how to spell the word (the sillier the better!) e.g. People= people eat oranges pigs like eggs!
5. You could write each letter in a different colour (rainbow writing).
6. Create a word pyramid -s

SC
sci
scie
scien
scienc
science

## SICliven first

पात्ता
9 letters
2 ascending letters $\uparrow$
7 sit on the line
0 descending letters $\downarrow$
7. Describe the word to an adult or sibling-you could tell them the word class, what it means but you must not say the word!
8. Try drawing around the word to help you remember how many letters and the shape of them (see bottom left).
9. You could play 'Hangman' with people in your house-make sure you're accurate when you tell them which letters are/aren't in your chosen words!
10. Write the word backwards.
11. If you have chalk available, write your focus words on the floor to create 'Hopscotch' and when you land on a given word, close your eyes and spell it aloud.
12. Say each letter in turn as you go upstairs or when bouncing on the trampoline (if you have one).

## Statutory Spelling Word Activity Mat: circle



Which word classes does the word circle belong to?

| noun | verb | adjective |  |
| :---: | :---: | :---: | :---: |
| adverb | conjunction | pronoun |  |
| preposition |  | determiner |  |

Trace the word circle.
Can we sit in a $\qquad$ ?
"I drew a $\qquad$ !" beamed Ben.
The train travelled in a $\qquad$ -.
$\qquad$ the correct answer.

Write the syllables of the word circle inside the hands.


Write your own sentence containing the word circle.
$\qquad$

## Statutory Spelling Word Activity Mat: complete

Use a dictionary to define the word complete.

Which word classes does the word complete belong to?

| noun | verb | adjective |  |
| :---: | :---: | :---: | :---: |
| adverb | conjunction | pronoun |  |
| preposition |  | determiner |  |

Trace the word complete.

## Write your own sentence containing the word complete.

Edit and improve these words so that they correctly spell the word complete.
compleet
compleate
conplete

## W.A.L.T: identify which word class words belong to.

We have explored word classes both in school (often as part of our warm ups in English) and as part of home learning more recently but today we're going to identify various words from an extract of Chapter 2: Disappointed by Dust and decide which word class they belong to.

Before you begin the task, take a look at the next 3 slides to remind you about word classesyou do not need to print them-they haven't been designed to be printed.

Adverbs describe a verb, adjective, another adverb or a whole sentence and usually end in 'ly'.


## Verb

Verbs can be action words, e.g. dancing, to think or said. They can also show a state of being, e.g. is, am, was or were. Every sentence needs to include a verb.

## Examples:

She ran to school: They had a really good ti talking to each other

Adjectives describe a noun.

## Examples:

The cheese was rather smelty! $\sim$ The pancakes were hot and d He p sicise

## 

Conjunctions join sentences or clauses.

Examples:
The sweets were sour butrtasty. $\sim$ ITused my banknote becaus I had no change

Pronouns take the place of a noun.

Examples:
I bought a pet tortoise. $\sim \sim$ She played football every weep

is $\sin _{3}^{3}$

Nouns are people, places, things or animals.

## Examples:



Proper nouns are the names of specific people, things and places. They always start with a capital letter.

## 

Determiners tell you whether something is


Task: Now that you have reminded yourselves of some of the word classes and examples of words belonging to each word class, look at the extract from the story: History Hackers: Roman Rescue on the following slide. Sort the circled words according to their word class. You may choose to print this slide and complete the table below or alternatively, draw your own table, similar to the one below, and fill it in. I have done the first one for you. As you know by now, you'll find the answers at the end of the presentation-no cheating though!

Extension: Choose another 10 words which aren't circled and add them to the correct column in the table.

| Adverb | Adjective | Verb | Conjunction | Noun | Pronoun | Proper | Determiner | Preposition |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |



## Chapter 2

## Disappointed by Dust

Tilda felt robbed - as if one of the spectres Charlie so feared had crept from behind the barerafters and made off with all of her)hopes.

The original loorboard were almost hidden beneat a toe-deep dusty carpet. Freshly-disturbed streams of dust tumbler like flour from the roughly-sawn ceiling beams and the sloping bare walls. Disappointment prized a)sigh from Tilda's lips as her shoulders drooped. The prospect of discovering the previous occupant's forgotten possessions and secrets had actually beerquite exciting. Now, the thought of returning to her parents emptyhanded seemed to land a large stone in the bottom of
herstomach.
"Any sign of ghosts?"' Charliecalledfrom the stairway behind her.
"Not unless they're hiding beneath all this dirt."
"Eh?" Charlie poked his head around the door. "Ah-chooo!" His sneeze sent a mini ash cloud rolling across the walls. "It's empty!" hesaid

Hebustled past her, striding outinto the middld of the room. Thick shafts of brightyellow sunshine flooded throughlarge skylights.
"How can this room be empty?" Unlike Tilda, Charlie had hoped $t$ find piles of junk and bric-a-brac that he couldsell online. "The rest of the hous was filled with clutter. This doesn't make sense."

Tilda shrugged as hin moved to explorearemptuspace in the farthest corner of the attic. There were no signs that the room had ever been used. "Maybe the stairs were too steep for Professor Hows."
"Are you kidding? Mum said Professor Howe was only in his early forties," Charlie eminder her, "and he was

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## $\frac{\text { PSHE }}{\text { eelings and Emotions }}$

Over the next couple of days, we are going to look at feelings and emotions. There have been many new changes to our lives over the past few months (and there will be more changes to come as you move forward in your journey through school). These have - and will - bring a whole range of emotions and
feelings both to you and those who care for you.
It is useful to label your emotions so that you can talk about them.

Task 1: You have 2 minutes to write down as many different feelings as you can. Get the timer ready......and .....GO!


## Emotions Thesaurus Vocabulary Grid



Can you add to this Emotional Thesaurus by creating a list of words for the following feelings:

1. Proud
2. Bored
3. Excited

You may want to use this online
thesaurus:
https://www.thesaur us.com/ or ask the adults in your house if they can think of any.

## Maths

Every Wednesday, we will share a 'Hall of Fame' similar to the one in the Year 4 corridor at school. It will be initials only.
Well done to the children in this week's hall of fame!
Will your name be there next week?


We understand
that you may not be able to get involved and are practising your tables in other ways e.g.


## $10-4-10$

Complete in the same way as we do in school. Aim to complete as many questions as you can in 10 minutes. Miss them out if you're spending too long thinking about how to tackle them. You don't need to write the question. Only show your workings if you need to. You should use the squares in your Maths homework book as this will help you set out any written methods.

1. $12 \times 7=$
2. $869 \times 7=$
3. $3 / 4$ of $96=$
4. $1 \times 1=$
5. $275 \div 5=$
6. Write 8 tenths as a decimal?
7. Write 0.5 as a fraction.
8. $3,456-$ $\qquad$ $=2,456$
9. Find the total of 567 and 3,698 .
10. What type of angle is this?

## Extension

11. $78 \times 100=$
12. $\qquad$ $x 100=2.4$
13. $0.67+5$ tenths $=$
14. What time will it be 25 minutes after 14:50?
15. How many hours in 3 days?
16. How many days in 6 weeks?
17. $0.03+72$ hundredths=
18. Continue the sequence $2,3,5, \ldots, \ldots, 13$.
19. 13 x $\qquad$ $=2000-700$
20. Order the angles from smallest to largest.


## W.A.L.T: recognise the reflections of shapes.

-Think back to Monday's lesson about symmetry and reflecting shapes. If you didn't get round to Maths on Monday-you'll need to look back at Monday's presentation.

- On the following slides there are some worksheets for you to have a go at. They are starred. Start with the sheet that has the star you often start on, in maths, and then you can always continue on if you feel confident but do not pressure yourself to. You may wish to print out the worksheet that you have a go at or alternatively you could draw the original shape, using the squares in your maths homework book, before then reflecting the shapes to answer the questions.
- As you're used to by now, the answers are at the end of today's presentation-no cheating though!

| 1a. True or false? This pattern has been | 1b. True or false? This pattern has been |
| :--- | :--- |




## N

This sheet is particularly challenging-do not get stressed unnecessarily-try the 2 star sheet instead as we're not there to support you and demonstrate using mirrors.


Answers

## Crossword Answers

Across<br>4. busy<br>5. build<br>6. weight<br>7. interest<br>9. centre<br>10. though<br>Down<br>1. complete<br>2. possess<br>3. Earth<br>8. through

## Statutory Spelling Word Activity Mat: circle

| Use a dictionary to define the |
| :--- |
| word circle. |
| Noun: around 2D shape or verb: to |
| draw a ring around something. |

Which word classes does the

| word circle belong to? |  |  |
| :---: | :---: | :---: |
| noun verb adjective  <br> adverb conjunction pronoun  <br> preposition  determiner  |  |  |

Trace the word circle. circle

 | $----n+-\infty$ |
| :---: |


"I drew a $\qquad$
$\qquad$ !" beamed Ben

The train travelled in a circle Circle $\qquad$ the correct answer.




Write your own sentence containing the word circle.
Your own answers-possible answer e.g. Stand in a circle.

Edit and improve these words so that they correctly spell the word circle.
C/sircle cércle

$$
\begin{aligned}
& \text { ircle } \\
& \text { cured }
\end{aligned}
$$

## Statutory Spelling Word Activity Mat: complete

Use a dictionary to define the word complete.
Adjective-having all the necessary parts.

Verb-to finish something.

Which word classes does the word complete belong to?

| noun | verb | adjective |
| :---: | :---: | :---: |
| adverb | conjunction | pronoun |
| preposition |  | determiner |

Trace the word complete.

> Write your own sentence containing the word complete.

Your own answers-possible answer e.g. Complete what you can.

Edit and improve these words so that they correctly spell the word complete.
complet complefite
m
compleft
copplete

## Answers

| Adverb | Adjective | Verb | Conjunction | Noun | Pronoun | Proper noun | Determiner | Preposition |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Quite | Bare <br> Sloping <br> Forgotten <br> Middle <br> Bright <br> Empty | Crept <br> Tumbled <br> Called <br> Said <br> Find <br> Sell <br> Was <br> Explore <br> Reminded | And | Floorboar ds Shoulders Stomach Sneeze Space | Her <br> His <br> He <br> She | Tilda Charlie Professor Howe Mum | One A The | Beneath <br> Into <br> Through |

## 10-4-10 Answers

Complete in the same way as we do in school. Aim to complete as many questions as you can in 10 minutes. Miss them out if you're spending too long thinking about how to tackle them. You don't need to write the question. Only show your workings if you need to. You should use the squares in your Maths homework book as this will help you set out any written methods.

1. $12 \times 7=84$
2. $869 \times 7=6,083$
3. $3 / 4$ of $96=72$
4. $1 \times 1=1$
5. $275 \div 5=55$
6. Write 8 tenths as a decimal? 0.8
7. Write 0.5 as a fraction. $1 / 2$
8. $3,456-1,000=2,456$
9. Find the total of 567 and $3,698.4,265$
10. What type of angle is this?

Obtuse (more than $90^{\circ}$ )

## Extension

11. $78 \times 100=7,800$
12. $\quad \underline{0.024} \times 100=2.4$
13. $0.67+5$ tenths $=1.17$
14. What time will it be 25 minutes after 14:50? $15: 15$
15. How many hours in 3 days? 72
16. How many days in 6 weeks? 42
17. $0.03+72$ hundredths $=0.75$
18. Continue the sequence $2,3,5, \underline{7}, \underline{11}, \underline{13}, 17$. (all prime numbers in ascending order)
19. $13 \times 100=2000-700$
20. Order the angles from smallest to largest.

$$
a, c, b
$$

## Maths Answers



1a. False
2a.


3a. B
4 a .


5a. True
6 a.


7a. A
8a.


1b. True
2b.


3b. B
4b.


9a. True
10a.


11a. B and C
12a.


5b. False
6b.


7b. B and C
8 b.


9b. False
10b.


11b. B and C
12b.



