Wednesday 17th June Daily activities

Active June!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
1	2	3	4	5	6	7	
Do some sit ups:	Do some star	Practise balancing	Practise balancing	Have a jog around:	Create your own	Teach the people at	
Bronze: 10 sit ups	jumps:	on right leg:	on left leg:	Bronze: 5 minutes	throwing and	home your game	
Silver: 20 sit ups	Bronze: 20 times	Bronze: I minute	Bronze: I minute	Silver: 10 minutes	catching game!	and see who scores	
Gold: 40 sit ups	Silver: 30 times	Silver: 2 minutes	Silver: 2 minutes	Gold: 15 minutes		the most points!	
	Gold: 50 times	Gold: 3 minutes	Gold: 3 minutes				
8	9	10	H	12	13	14	
Do some burpees:	Try and do some	Carefully try and do	See how many tuck	Push ups!	Use a pack of cards	Compete against	
Bronze: 10 burpees	mountain	a plank:	jumps you can do in	Bronze: 10 push ups	and create a game	someone at home	
Silver: 15 burpees	climbers:	Bronze: 30 seconds	a row:	Silver: 15 push ups	involving different	to see who can	
Gold: 20+ burpees	Bronze: 10 times	Silver: 45 seconds	Bronze: 10 jumps	Gold: 20+ push ups	exercises and the	complete more	
	Silver: 20 times	Gold: 60+ seconds	Silver: 20 jumps		different suits!	exercises in a given	
	Gold: 30+ times		Gold: 30 jumps			time.	
15	16	17	18	19	15	16	
Try and do some	Do some lunges or	Do a wall sit -	Squat - count how	High knees - Keep	Challenge yourself to	Practise those yoga	
crunches:	both legs:	remember, stay still:	many squats you can	going without	learning some	skills your learned	
Bronze: 10 crunches	Bronze: 10 each leg	Bronze: 20 seconds	safely do in a minute:	stopping	new yoga posts –	and see if you can	
Silver: 20 crunches	Silver: 20 each leg	Silver: 30 seconds	Bronze: 10 squats	Bronze: 30 seconds	watch a Youtube	balance for longer	
Gold: 30 crunches	Gold: 30 each leg	Gold: 60 seconds	Silver: 15 squats	Silver: 50 seconds	video to help.	than you did	
			Gold: 20+ squats	Gold: I+ minute	·	yesterday.	
22	23	24	25	26	27	28	
Try doing some	Do some shuttle	Hop on the spot:	Hopscotch until	Try safely to do	Go outside and be	Use your outdoor	
scissor kicks:	runs:	Bronze: 10 each leg	you need to stop	some jump squats	active with someone	time to jump over	
Bronze: 30 seconds	Bronze: 15 runs	Silver: 25 each leg	Bronze: 30 seconds	in a minute:	from your house.	things, balance	
Silver: 45 seconds	Silver: 30 runs	Gold: 50 each leg	Silver: 45 seconds	Bronze: 10 squats	Go for a run or a	along things and	
Gold: 60+ seconds	Gold: 50 runs		Gold: 2 minutes	Silver: 15 squats	walk!	move in different	
				Gold: 20+ squats		ways.	
29	30		1 A t's	get active in	lunel		
Try hurdling over	Step jumps - find a	Let's get active in June!					
something (or just	step and jump up and	Try agen of those getivities with the needs velly with					
jumping!):	down on it safely:	Challenge yourself to get as many bronze/silver/golds as you					
Bronze: I minute	Bronze: 10 times	can! Keep track and celebrate your achievements!					
Silver: 3 minutes	Silver: 20 times	can! K	eep track an	a celebrate y	our achiever	ments:	
Gold: 5 minutes	Gold 40+ times	Remen	nber it is impo	ortant to stay	active and h	ealthy!	

Daily Physical Exercise

https://www.youtube.com/user/thebodycoach1
(Access via YouTube at 9 am-if doing it live-type in: The body coach).



Reading at home

You should still be aiming to read for at least 20 minutes everyday.

If you're running out of reading material at home, there are lots of books that you can read or listen to online for free! Two websites we would recommend to do this are: https://stories.audible.com/start-listen

Remember, you can now take Accelerated Reader quizzes from home by using this link <u>Howley</u> <u>Grange Renaissance at home</u> and logging on as usual using your username and password.

To check that the book you are reading has a quiz, you can check it using on Accelerated
Reader Bookfinder. It's okay to read books which haven't got a quiz - just keep a record of what you have read.



Keep reading and exploring new worlds and adventures!

English

Daily Spelling Practice

Year 3 and 4 Statutory Spellings

accident	caught	eighth	heard	minute	possible	strange
accidentally	centre	enough	heart	natural	potatoes	strength
actual	century	exercise	height	naughty	pressure	suppose
actually	certain	experience	history	notice	probably	surprise
address	circle	experiment	imagine	occasion	promise	therefore
answer	complete	extreme	increase	occasionally	purpose	though
appear	consider	famous	important	often	quarter	although
arrive	continue	favourite	interest	opposite	question	thought
believe	decide	February	island	ordinary	recent	through
bicycle	describe	forward	knowledge	particular	regular	various
breath	different	forwards	learn	peculiar	reign	weight
breathe	difficult	fruit	length	perhaps	remember	woman
build	disappear	grammar	library	popular	sentence	women
busy	early	group	material	position	separate	
business	earth	guard	medicine	possess	special	
calendar	eight	guide	mention	possession	straight	



Spelling practice this week follows a similar format to that of last week. The focus is still on words from the year 3 and 4 spelling list as we want you to know how to spell them.

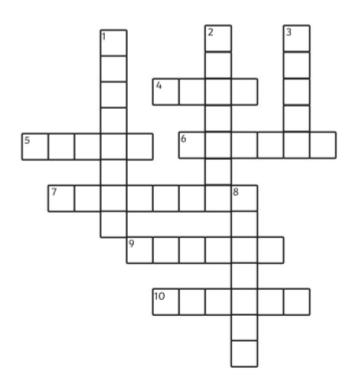
On the following slide, you will find a cross word to complete. All of the words which you will need to complete the crossword are taken from the Year 3 and 4 spelling list (pictured left)-use the clues to work out which words need to be inserted. Be sure to look to see whether it needs to be written across (horizontally) or down (vertically).

Answers (as you know by now) are at the end of the presentation so that you can self mark (no cheating though!) and the idea, this week, is-once you've marked your answers, any spellings which you got wrong become the spellings for you to practise that day.

If you make lots of errors or are finding it too hard, go back through your spelling book and practise a few of those you've previously got wrong in a test instead. Alternatively, on slides 9 and 10 there are lots of different ways to practise 2 words from the year 3 and 4 list (so you'll know them inside out!)

Please don't stress yourselves out unnecessarily!

There will be a slide each day to remind you of various ways to practise the words you're focusing on but the ideas are not exhaustive meaning that you can practise in other ways if you have other ideas.



Across

- 4. Actively engaged in work or a pastime.
- 5. To form or create.
- 6. The amount a thing weighs.
- 7. Attention or concern particularly engaged by something.
- 9. The middle.
- 10. However.

Down

- 1. Having all parts, whole.
- 2. To own.
- 3. The third planet from the sun.
- 8. In at one end and out of the other.

Daily spelling practice-words you got wrong in the previous task.

You may choose to do one or each of the following to practise your focus words (these could be common exception words or words you often spell incorrectly if not from the previous crossword task).

- 1. Practise spelling them by using the strategy: Look, say, cover, write and check.
- 2. Jot down and make 2 copies of your focus words and ask someone in your house to play 'Snap!' Before you're able to win the pair of cards, you should close your eyes and have a go at spelling the word.
- 3. Use the focus words you've made. Turn them all over face-down and play matching pairs. Turn over 1 card at a time and attempt to find the one that matches!
- 4. Make a mnemonic to help you remember how to spell the word (the sillier the better!) e.g. People= people eat oranges pigs like eggs!
- 5. You could write each letter in a different colour (rainbow writing).
- 6. Create a word pyramid s

SC

sci

scie

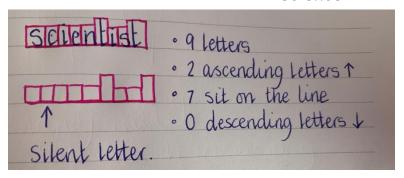
scien

scienc

science

- 7. Describe the word to an adult or sibling-you could tell them the word class, what it means but you must not say the word!
- 8. Try drawing around the word to help you remember how many letters and the shape of them (see bottom left).
- 9. You could play 'Hangman' with people in your house-make sure you're accurate when you tell them which letters are/aren't in your chosen words!
- 10. Write the word backwards.
- 11. If you have chalk available, write your focus words on the floor to create 'Hopscotch' and when you land on a given word, close your eyes and spell it aloud.

12. Say each letter in turn as you go upstairs or when bouncing on the trampoline (if you have one).



Statutory Spelling Word Activity Mat: circle





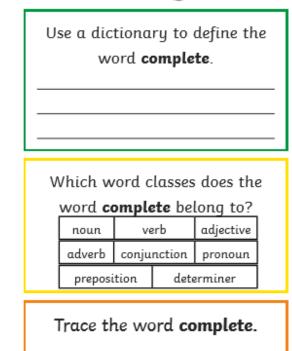
Use a dictionary to define the word circle .	Add the word circle to these sentences. Can we sit in a? "I drew a!" beamed Ben.	Write the syllables of the word circle inside the hands.
Which word classes does the	The train travelled in a the correct answer.	Finish off the word circle .
word circle belong to? noun verb adjective adverb conjunction pronoun	the correct answer.	circle
preposition determiner		Now write the full word.
Trace the word circle .	Which of these words means the same as circle? chair ring expanse ladder	Now write the juit word.
circle		
•	Write your own sentence contain	ning the word circle .
<u> circle</u>		
circle	Edit and improve these words so that they sircle cercle	correctly spell the word circle .



Statutory Spelling Word Activity Mat: complete

absolute

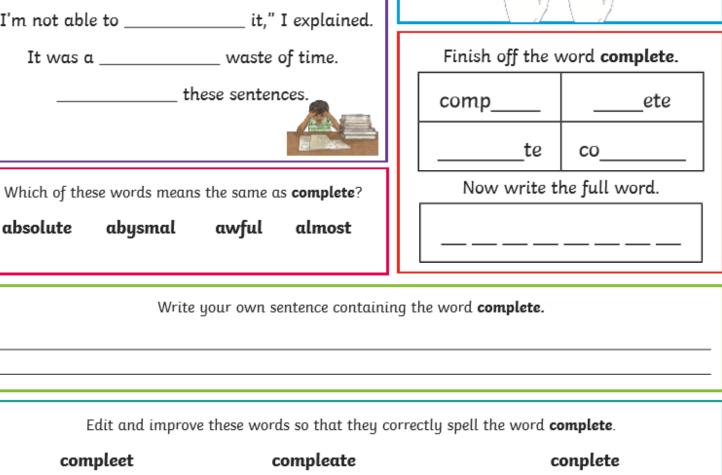




Add the word co n	nplete to these sentences.
Can you	the work?
"I'm not able to	it," I explained.
It was a	waste of time.
	these sentences.

abysmal

	Write the syllables of the word complete inside the hands.					
Finish off the word complete .						
	comp	ete				
	te	co				
Now write the full word.						



Edit and improve these words so that they correctly spell the word complete.

compleet





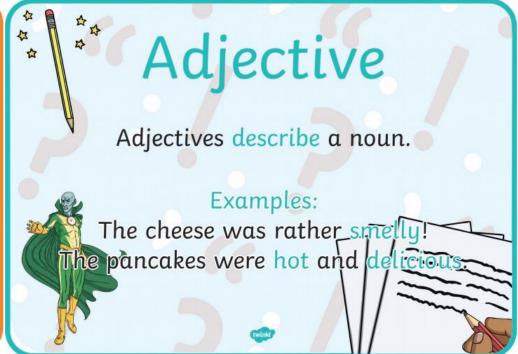
Revision-just checking you still can...

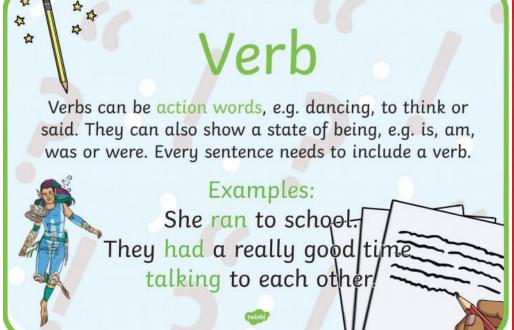
W.A.L.T: identify which word class words belong to.

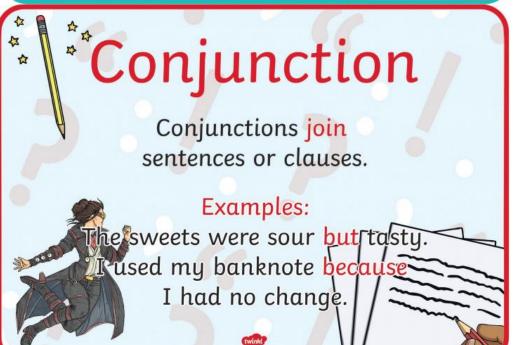
We have explored word classes both in school (often as part of our warm ups in English) and as part of home learning more recently but today we're going to identify various words from an extract of Chapter 2: Disappointed by Dust and decide which word class they belong to.

Before you begin the task, take a look at the next 3 slides to remind you about word classes-you do not need to print them-they haven't been designed to be printed.

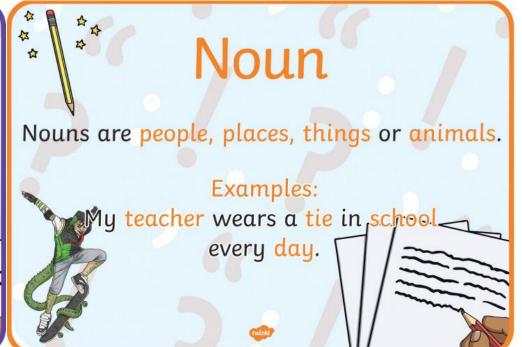


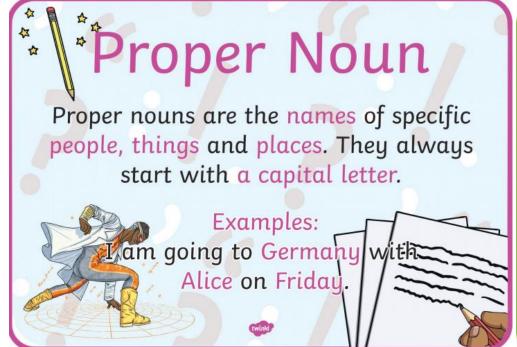




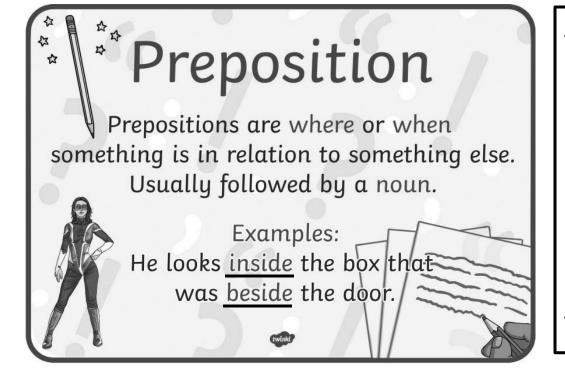








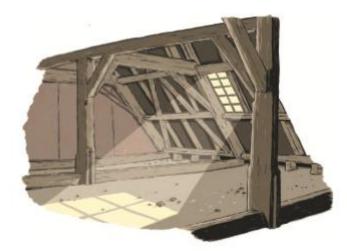




<u>Task:</u> Now that you have reminded yourselves of some of the word classes and examples of words belonging to each word class, look at the extract from the story: History Hackers: Roman Rescue on the following slide. Sort the circled words according to their word class. You may choose to print this slide and complete the table below or alternatively, draw your own table, similar to the one below, and fill it in. I have done the first one for you. As you know by now, you'll find the answers at the end of the presentation-no cheating though!

Extension: Choose another 10 words which aren't circled and add them to the correct column in the table.

<u>Adverb</u>	<u>Adjective</u>	<u>Verb</u>	Conjunction	<u>Noun</u>	<u>Pronoun</u>	<u>Proper</u> noun	<u>Determiner</u>	Preposition
						Tilda		



Chapter 2 Disappointed by Dust

Tilda felt robbed - as if one of the spectres Charlie so feared had crept from behind the bare rafters and made off with all of her hopes.

The original floorboards were almost hidden beneath a toe-deep dusty carpet. Freshly-disturbed streams of dust tumbled like flour from the roughly-sawn ceiling beams and the sloping bare walls. Disappointment prized a sigh from Tilda's lips as her shoulders drooped. The prospect of discovering the previous occupant's forgotten possessions and secrets had actually been quite exciting. Now, the thought of returning to her parents emptyhanded seemed to land a large stone in the bottom of

her stomach.

"Any sign of ghosts?" Charlie called from the stairway behind her.

"Not unless they're hiding beneath all this dirt."

"Eh?" Charlie poked his head around the door.
"Ah-chooo!" His sneeze sent a mini ash cloud rolling across the walls. "It's empty!" he said

He bustled past her, striding out into the middle of the room. Thick shafts of bright yellow sunshine flooded through large skylights.

"How can this room be empty?" Unlike Tilda, Charlie had hoped to find piles of junk and bric-a-brac that he could sell online. "The rest of the house was filled with clutter. This doesn't make sense."

Tilda shrugged as she moved to explore ar emptu space in the farthest corner of the attic. There were no signs that the room had ever been used. "Maybe the stairs were too steep for Professor Howe."

"Are you kidding? Mum said Professor Howe was only in his early forties," Charlie reminded her, "and he was

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PSHE

Theme: Feelings and Emotions

Over the next couple of days, we are going to look at feelings and emotions. There have been many new changes to our lives over the past few months (and there will be more changes to come as you move forward in your journey through school). These have - and will - bring a whole range of emotions and feelings both to you and those who care for you.

It is useful to label your emotions so that you can talk about them.

Task 1: You have 2 minutes to write down as many different feelings as you can. Get the timer ready.....andGO!

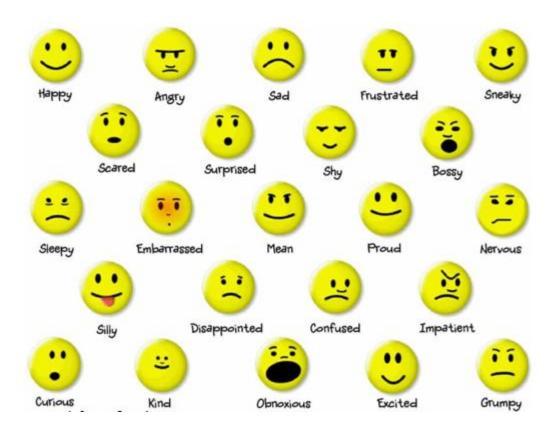


Image sourced from Google

How many of the emoji's did you get? Having looked at the emoji's (left) has it made you think of any more? If yes, add them to your list!

Task 2: Now try to group the feelings on your list into similar emotions. Can you find all of the feelings that describe being happy? sad? worried? You could use a different coloured pencil to circle similar emotions, or rewrite them in a list under the relevant heading e.g.

Нарру	Sad

As you do this, you might think of more to add!

Compare your groups/lists to the Emotional Thesaurus on the following slide-how many did you get? Did you confuse any?

Emotions Thesaurus Vocabulary Grid

content	glad	joyful	cheerful	elated
jovial	overjoyed	thrilled	ecstatic	delighted
on cloud nine	pleased	gleeful	jubilant	upbeat

depressed	gloomy	miserable	cheerless	heartbroken
shattered	demoralised	gutted	crushed	devastated
tearful	ипћарру	dejected	blue	despondent
glum	pitiful			

_					
	repelled	revolted	sickened	repulsed	nauseated
	shocked	appalled	distaste	horrified	loathed
	disliked	horror -stricken	aghast	offended	outraged
	grossed out	put off			

annoyed	irritated	fumin	ıg	livid	cross
irate	frustrated	enrag	ed	outraged	infuriated
incensed	agitated	furiou	15	upset	bitter
raging	exaspera	ted			

astonished	dazed	shocked	alarmed	stupefied
shaken	astounded	startled	bewildered	aghast
stunned	flabbergasted	thunderstruck	speechless	taken aback

uneasy	terrified	alarmed	startled	anxious
upset	panicky	worried	afraid	distraught
troubled	in a state	petrified	fearful	frightened



Can you add to this Emotional Thesaurus by creating a list of words for the following feelings:

- 1. Proud
- 2. Bored
- 3. Excited

You may want to use this online thesaurus: https://www.thesaur

https://www.thesaur
us.com/ or ask the
adults in your house
if they can think of
any.

Maths

Every Wednesday, we will share a 'Hall of Fame' similar to the one in the Year 4 corridor at school.

It will be initials only.

Well done to the children in this week's hall of fame!

Will your name be there next week?

We understand that you may not be able to get involved and are practising your tables in other ways e.g. completing paper booklets, chanting them, saying them as you go up the stairs etc. -that is absolutely fine too!

But if you are able to get involved, we'd love as many of you to do so as possible.









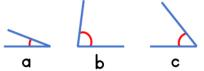
10-4-10

Complete in the same way as we do in school. Aim to complete as many questions as you can in 10 minutes. Miss them out if you're spending too long thinking about how to tackle them. You don't need to write the question. Only show your workings if you need to. You should use the squares in your Maths homework book as this will help you set out any written methods.

- 1. 12 x 7=
- 2. 869 x 7=
- 3. ¾ of 96=
- 4. 1 x 1=
- 5. $275 \div 5 =$
- 6. Write 8 tenths as a decimal?
- 7. Write 0.5 as a fraction.
- 8. 3,456 -____= 2,456
- 9. Find the total of 567 and 3,698.
- 10. What type of angle is this?

Extension

- 11. 78 x 100=
- 12. ___ x 100= 2.4
- 13. 0.67 + 5 tenths =
- 14. What time will it be 25 minutes after 14:50?
- 15. How many hours in 3 days?
- 16. How many days in 6 weeks?
- 17. 0.03 + 72 hundredths=
- 18. Continue the sequence 2, 3, 5, ___, ___, 13.
- 19. 13 x = 2000- 700
- 20. Order the angles from smallest to largest.

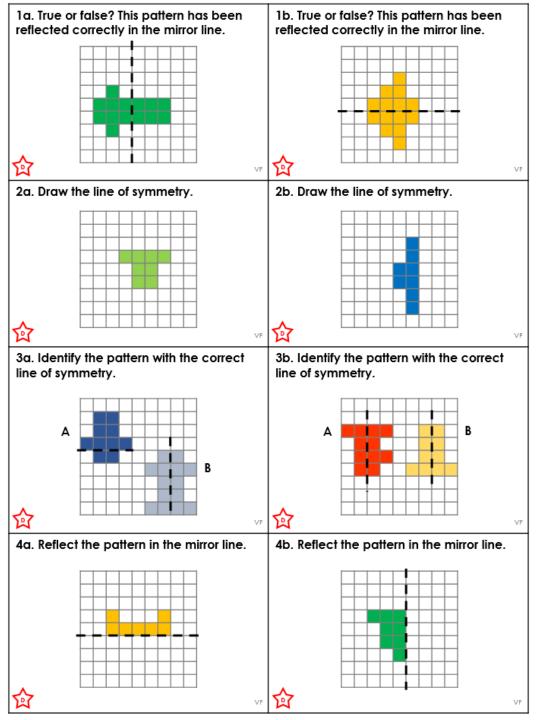


New learning-you've not been taught this in year 4 before.

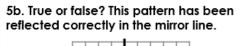
W.A.L.T: recognise the reflections of shapes.

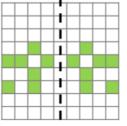
- •Think back to Monday's lesson about symmetry and reflecting shapes. If you didn't get round to Maths on Monday-you'll need to look back at Monday's presentation.
- •On the following slides there are some worksheets for you to have a go at. They are starred. Start with the sheet that has the star you often start on, in maths, and then you can always continue on if you feel confident but <u>do not</u> pressure yourself to. You may wish to print out the worksheet that you have a go at or alternatively you could draw the original shape, using the squares in your maths homework book, before then reflecting the shapes to answer the questions.
- •As you're used to by now, the answers are at the end of today's presentation-no cheating though!

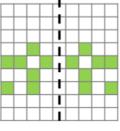




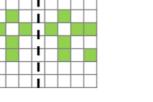




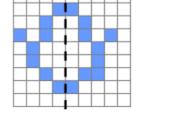




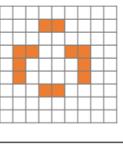
5a. True or false? This pattern has been reflected correctly in the mirror line.



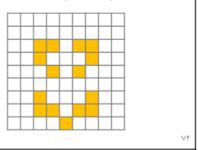






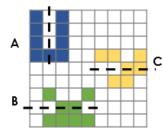




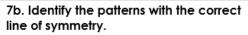


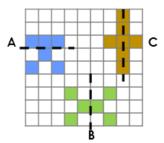


line of symmetry.







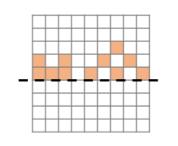




8a. Reflect the pattern in the mirror line.









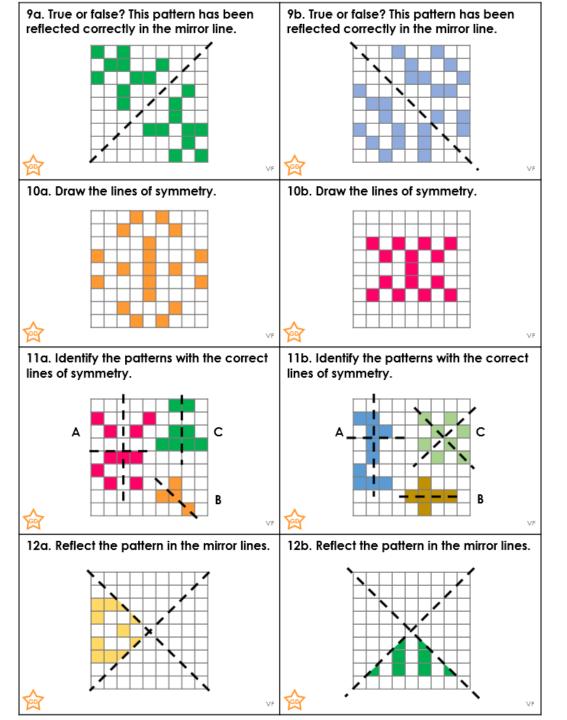


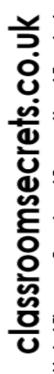


classroomsecrets.co.ul



This sheet is particularly challenging-do not get stressed unnecessarily-try the 2 star sheet instead as we're not there to support you and demonstrate using mirrors.





Answers

Crossword Answers

Across

- 4. busy
- 5. build
- 6. weight
- 7. interest
- 9. centre
- 10. though

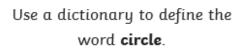
Down

- complete
- possess
- 3. Earth
- 8. through

Statutory Spelling Word Activity Mat: circle

Pronounced (said): ser-cul





Noun: around 2D shape or verb: to draw a ring around something.

Which word classes does the

word **circle** belong to?

noun verb adjective

adverb conjunction pronoun

preposition determiner

Trace the word circle.



circle

circle

Add the word circle to these sentences.

Can we sit in a circle

"I drew a <u>circle</u>!" beamed Ben.

The train travelled in a <u>circle</u>

Circle the correct answer.



Which of these words means the same as circle?

chair



expanse

ladder

Write the syllables of the word **circle** inside the hands.



Finish off the word circle.

cir <u>cle</u>	<u>cir</u> cle		
<u>circl</u> e	c <u>ircle</u>		

Now write the full word.

c i r c l e

Write your own sentence containing the word circle.

Your own answers-possible answer e.g. Stand in a circle.

Edit and improve these words so that they correctly spell the word circle.

sircle



ircle curcel





Statutory Spelling Word Activity Mat: complete



Use a dictionary to define the word complete.

Adjective-having all the necessary parts.

Verb-to finish something.

Which word classes does the word **complete** belong to?

verb adjective adverb | conjunction | pronoun preposition determiner

Trace the word **complete**.



Add the word complete to these sentences.



Can you <u>complete</u> the work?

"I'm not able to <u>complete</u> it," I explained.

It was a <u>complete</u> waste of time.

<u>Complete</u> these sentences.



almost

Which of these words means the same as complete?



abysmal

awful

Write the syllables of the word complete inside the hands.



Finish off the word complete.

comp <u>lete</u>	c <u>ompl</u> ete		
<u>comple</u> te	co <u>mplete</u>		

Now write the full word.

complete

Write your own sentence containing the word complete.

Your own answers-possible answer e.g. Complete what you can.

Edit and improve these words so that they correctly spell the word complete.

complect

complette

complete





Answers

<u>Adverb</u>	<u>Adjective</u>	<u>Verb</u>	<u>Conjunction</u>	<u>Noun</u>	<u>Pronoun</u>	<u>Proper noun</u>	<u>Determiner</u>	<u>Preposition</u>
Quite	Bare Sloping Forgotten Middle Bright Empty	Crept Tumbled Called Said Find Sell Was Explore Reminded	And	Floorboar ds Shoulders Stomach Sneeze Space	Her His He She	Tilda Charlie Professor Howe Mum	One A The	Beneath Into Through

10-4-10 Answers

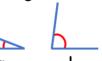
Complete in the same way as we do in school. Aim to complete as many questions as you can in 10 minutes. Miss them out if you're spending too long thinking about how to tackle them. You don't need to write the question. Only show your workings if you need to. You should use the squares in your Maths homework book as this will help you set out any written methods.

- 1. 12 x 7= **84**
- 2. 869 x 7= **6,083**
- 3. ¾ of 96= **72**
- 4. 1 x 1= 1
- 5. $275 \div 5 = 55$
- 6. Write 8 tenths as a decimal? 0.8
- 7. Write 0.5 as a fraction. ½
- 8. 3,456 1,000 = 2,456
- 9. Find the total of 567 and 3,698. **4,265**
- 10. What type of angle is this?

Extension

- 11. 78 x 100= **7,800**
- 12. **0.024** x 100= 2.4
- 13. 0.67 + 5 tenths= **1.17**
- 14. What time will it be 25 minutes after 14:50? 15:15
- 15. How many hours in 3 days? 72
- 16. How many days in 6 weeks? 42
- 17. 0.03 + 72 hundredths= **0.75**
- 18. Continue the sequence 2, 3, 5, 7, 11, 13, 17. (all prime numbers in ascending order)
- 19. 13 x **100**= 2000- 700
- 20. Order the angles from smallest to largest.







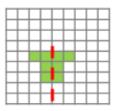
Maths Answers





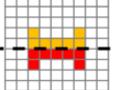
1a. False

2a.



3a. B

4a.

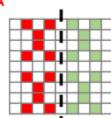




5a. True

6a.

7a. <mark>A</mark> 8a.

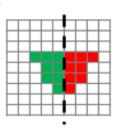


1b. True

2b.

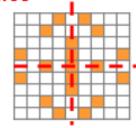
3b. B

4b.



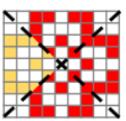
9a. True

10a.



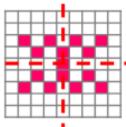
11a. B and C

12a. 🕥



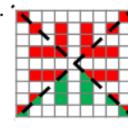
9b. False

10b.



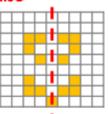
11b. B and C

12b. 😘



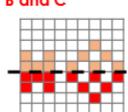
5b. False

6b.



7b. B and C

8b.





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